

Gluten Free Menu

Information

This menu includes some of our dishes that are naturally gluten free. Don't see something you fancy? The majority of our main menu can also be adapted to suit many dietary requirements.

When ordering from this menu, please ensure you still tell us about your allergy / intolerance.

Please note: Due to the open aspect of our kitchen, we are unable to guarantee the complete absence of any allergens in our menu items despite the precautions we take.

Pizza & Pasta

Gluten free available £2 supp. Excludes Calzone

Antipasti

PROSCIUTTO CAPRESE

CAPESANTE DI MARE Pan seared scallops with sweet peas, pea puree, smoked pancetta and shaved bottarga

BURRATA Soft centred burrata mozzarella with tomatoes, marinated roast red peppers and extra virgin olive oil

14.5 INSALATA TRE COLORI V Tomato, mozzarella and fresh basil

MELANZANE PARMIGIANA St 8 Mc 15
Layers of baked aubergine with tomato, basil and parmesan

9.5

King prawns in parsley, garlic and chilli ${f or}$ a spicy tomato sauce

GAMBERONI ALL'AGLIO / ARRABBIATA

Cured ham, bufala mozzarella and sun blushed tomatoes

Carni, Polli e Pesce

SALTIMBOCCA ALLA ROMANA
Sliced veal with cured ham in a white wine, sage and butter sauce served with sautéed potatoes

POLLO ALLA CALABRESE 20.5

Pan fried chicken breast with a spicy nudja and tomato sauce served with steamed rice

POLLO ALLA ZAFFERANO 22.5

Chicken breast with sautéed wild mushrooms, pancetta, saffron and cream served with a choice of side order

SALMONE MEDITERRNEO

Pan fried salmon with fresh tomatoes, olives and capers served with sautéed spinach

PESCE SPADA ALLA GRIGLIA

Pan fried swordfish with aromatic herbs served with mixed salad

BRANZINO AL GONDOLIERE

Pan fried fillet of seabass with king prawns, chives and chilli butter

served with saffron potatoes

GAMBERONI ALL'AGLIO / ARRABBIATA

27.5

King prawns in parsley, garlic and chilli **or** a spicy tomato sauce served with steamed rice

Insalate

INSALATA DI CARCIOFI V $$\rm sml\,8.5~Lrg\,16$

Artichokes, cherry tomatoes, walnuts and torn burrata with an olive oil, dill and lemon dressing

INSALATA MISTA Sml 5.5 Lrg 10.5

Romaine lettuve, red onion, cherry tomatoes, cucumber and grated parmesan with olive oil and balsamic vinegar dressing

If you have an allergy or intolerance to any particular ingredient please let us know. However, due to the open nature of our kitchen it is impossible for us to guarantee the complete absence of any allergens in our menu items, despite taking all necessary precautions in food preparation.

dalla Griglia

Steaks are served with grilled tomato, mushrooms and onion rings. Aged 28 days.

RIB-EYE 1002

FILLET 802 33

RIB ON THE BONE 16oz

POLLO E ROSMARINO

BISTRO RUMP 10₀₂ 21

Grilled chicken breast with rosemary

AGNELLO 27
Grilled lamb cutlets with rosemary and thyme

VEAL ESCALOPE 24 SWORDFISH 23

Le Salse 3.5 EACH

Arrabbiata · Crema e Funghi all'Aglio · Dolcelatte

Contorni

GREEN BEANS V	4.25	SAUTÉED POTATOES	4.5
With butter and onions		With pancetta, onion and	
SAUTÉED SPINACH V	4.5	rosemary	
With garlic and chilli		STEAMED RICE	4.5

Dolci

RASPBERRY PAVLOVA

Italian meringue topped with raspberry ice cream, raspberry puree, vanilla cream and a meringue crown

9 ETON MESS ITALIANO

Meringue, mixed berries and sweet mascarpone

NEW YORK CHEESECAKE

7.75

40

18