

# fratelli

RISTORANTE • BAR • TERRACE

## Gluten Free Menu

### Information

This menu includes some of our dishes that are naturally gluten free. Don't see something you fancy? The majority of our main menu can also be adapted to suit many dietary requirements.

**When ordering from this menu, please ensure you still tell us about your allergy / intolerance.**

Please note: Due to the open aspect of our kitchen, we are unable to guarantee the complete absence of any allergens in our menu items despite the precautions we take.

### Pizza & Pasta

Gluten free available £2 supp.  
Excludes Calzone

### Antipasti

|  |              |
|--|--------------|
| <b>CAPELANTE DI MARE</b> Pan seared scallops with sweet peas, pea puree, smoked pancetta and shaved bottarga         | <b>14.5</b>  |
| <b>BURRATA</b> Soft centred burrata mozzarella with tomatoes, marinated roast red peppers and extra virgin olive oil | <b>9.75</b>  |
| <b>PROSCIUTTO CAPRESE</b><br>Cured ham, bufala mozzarella and sun blushed tomatoes                                   | <b>9.5</b>   |
| <b>GAMBERONI ALL'AGLIO / ARRABBIATA</b><br>King prawns in parsley, garlic and chilli or a spicy tomato sauce         | <b>11.75</b> |

|  |                   |
|--|-------------------|
| <b>INSALATA TRE COLORI v</b><br>Tomato, mozzarella and fresh basil                       | <b>9.5</b>        |
| <b>MELANZANE PARMIGIANA</b><br>Layers of baked aubergine with tomato, basil and parmesan | <b>St 8 Mc 15</b> |

### Carni, Polli e Pesce

|   |             |
|---|-------------|
| <b>SALTIMBOCCA ALLA ROMANA</b><br>Sliced veal with cured ham in a white wine, sage and butter sauce served with sautéed potatoes          | <b>27</b>   |
| <b>POLLO ALLA CALABRESE</b><br>Pan fried chicken breast with a spicy nudja and tomato sauce served with steamed rice                      | <b>20.5</b> |
| <b>POLLO ALLA ZAFFERANO</b><br>Chicken breast with sautéed wild mushrooms, pancetta, saffron and cream served with a choice of side order | <b>22.5</b> |
| <b>SALMONE MEDITERRNEO</b><br>Pan fried salmon with fresh tomatoes, olives and capers served with sautéed spinach                         | <b>26</b>   |
| <b>PESCE SPADA ALLA GRIGLIA</b><br>Pan fried swordfish with aromatic herbs served with mixed salad  | <b>27</b>   |
| <b>BRANZINO AL GONDOLIERE</b><br>Pan fried fillet of seabass with king prawns, chives and chilli butter served with saffron potatoes      | <b>25</b>   |
| <b>GAMBERONI ALL'AGLIO / ARRABBIATA</b><br>King prawns in parsley, garlic and chilli or a spicy tomato sauce served with steamed rice     | <b>27.5</b> |

### Insalate

|   |                         |
|---|-------------------------|
| <b>INSALATA DI CARCIOFI v</b><br>Artichokes, cherry tomatoes, walnuts and torn burrata with an olive oil, dill and lemon dressing               | <b>Sml 8.5 Lrg 16</b>   |
| <b>INSALATA MISTA</b><br>Romaine lettuce, red onion, cherry tomatoes, cucumber and grated parmesan with olive oil and balsamic vinegar dressing | <b>Sml 5.5 Lrg 10.5</b> |

*If you have an allergy or intolerance to any particular ingredient please let us know. However, due to the open nature of our kitchen it is impossible for us to guarantee the complete absence of any allergens in our menu items, despite taking all necessary precautions in food preparation.*

### dalla Griglia

*Steaks are served with grilled tomato and mushrooms. Aged 28 days.*

|  |           |
|--|-----------|
| <b>RIB-EYE</b> 10oz  | <b>28</b> |
| <b>RIB ON THE BONE</b> 16oz                                      | <b>40</b> |
| <b>FILLET</b> 8oz  | <b>33</b> |
| <b>BISTRO RUMP</b> 10oz  | <b>21</b> |
| <b>POLLO E ROSMARINO</b><br>Grilled chicken breast with rosemary | <b>18</b> |
| <b>AGNELLO</b><br>Grilled lamb cutlets with rosemary and thyme   | <b>27</b> |
| <b>VEAL ESCALOPE</b>   | <b>24</b> |
| <b>SWORDFISH</b>   | <b>23</b> |

### Le Salse 3.5 EACH

Arrabbiata • Crema e Funghi  
all'Aglio • Dolcelatte

### Contorni

|  |             |  |            |
|--|-------------|--|------------|
| <b>GREEN BEANS v</b><br>With butter and onions     | <b>4.25</b> | <b>SAUTÉED POTATOES</b><br>With pancetta, onion and rosemary | <b>4.5</b> |
| <b>SAUTÉED SPINACH v</b><br>With garlic and chilli | <b>4.5</b>  | <b>STEAMED RICE</b>  | <b>4.5</b> |

### Dolci

|   |          |   |             |
|---|----------|---|-------------|
| <b>RASPBERRY PAVLOVA</b><br>Italian meringue topped with raspberry ice cream, raspberry puree, vanilla cream and a meringue crown | <b>9</b> | <b>ETON MESS ITALIANO</b><br>Meringue, mixed berries and sweet mascarpone | <b>7</b>    |
|   |          | <b>NEW YORK CHEESECAKE</b>  | <b>7.75</b> |